

The Autism Source Resource Database

800-328-8476

Autism is treatable. Individuals with autism do not “outgrow” autism, but studies show that early diagnosis and intervention lead to significantly improved outcomes. For more information on developmental milestones, visit the CDC’s “Learn the Signs. Act Early” site.

www.autism-society.org

Easter Seals

Berlin, VT 802-223-4744

To change the way the world defines and views disabilities by making positive, profound differences in people's lives every day. For nearly 100 years, Easter seals has been the indispensable resource for people and families challenged by disability.

www.easterseals.com

Parent to Parent

Williston, VT 802-876-5315 or 800-800-4005

If you have a child or youth with special health care needs you can get help from your state’s Parent to Parent Information center. The P2P can help you with:

- Finding services for your child with special needs and your family
 - Understanding eligibility for Title V, Medicaid, or other state agency services
 - Understanding private health insurance
 - Communicating with doctors
 - Understanding your child’s medical condition
 - Connecting to a disability-specific support organization or group
 - Finding support for yourself
 - Building leadership skills and partnering with professionals to improve systems of care
 - Finding culturally and linguistically appropriate services
- ...and answer other questions you might have.

The P2P is staffed by family members and others whose children have special health care needs, so they understand what you are going through.

www.P2PUSA.org

The Federation for Children with Special Needs

The FCSN provides information, support, and assistance to parents of children with disabilities, their professional partners, and their communities. The Federation believes that individual differences in people are a natural part of life, and that disabilities provide children and adults with unique perspectives, insights and abilities which contribute to the overall well-being of society.

www.fcsn.org

Family Hope Center

Norristown, PA 1-610-397-1737

The Family Hope Center is an international organization dedicated to working with (and for) parents of children with special needs and neurological difficulties. We focus on your child’s abilities, developing and building on them. We don't manage symptoms, we treat the root causes of challenges.

www.familyhopecenter.com

National Association of Parents with Children in Special Education

Chandler Heights, AZ 800-754-4421

(NAPCSE) is a national membership organization dedicated to rendering all possible support and assistance to parents whose children receive special education services, both in and outside of school.

www.napcse.org

Vermont Council on Independent Living

Rutland, VT 802-779-0088

CILs are community-based, cross-disability, non-profit organizations that are designed and operated by people with disabilities. Centers for Independent Living provide peer support, information and referrals, individual and systems advocacy, independent living skills training and transition.

www.vcil.org

National Center for Learning Disabilities

The mission of NCLD is to improve the lives of the 1 in 5 children and adults nationwide with learning and attention issues—by empowering parents and young adults, transforming schools and advocating for equal rights and opportunities.

www.nclld.org

National Collaboration on Workforce and Disability

NCWD/Youth is your source for information about employment and youth with disabilities. Our partners, (experts in disability, education, employment and workforce development), strive to ensure you will be provided with the highest quality, most relevant information.

Institute for Educational Leadership Washington, DC 877-871-0744

www.ncwd-youth.info

The National Down Syndrome Society

New York, NY 800-221-4602

The NDSS is the leading human rights organization for all individuals with Down Syndrome and envisions a world in which all people with Down syndrome have the opportunity to enhance their quality of life, realize their life aspirations and become valued members of welcoming communities.

www.ndss.org

Center for Parent Information and Resources

When your child is having trouble in school it's important to find out why. This site details the process of determining special education services for your child in 10 basic steps. Once you have the big picture of the process, it's easier to understand the many details under each step.

www.parentcenterhub.org

Reading Rockets

This is a wonderful article with 8 easy steps to help your children with special needs get off to a good start in the new school year.

www.readingrockets.org

U.S. Department of Education

This website provides many resources and research for parents of children with special needs. Find links for every age from birth to adult education, child care, early intervention, etc.

www.ed.gov

American Speech-Language-Hearing Association

Provides information and links regarding the development of speech, language, swallowing and hearing.

<http://www.asha.org/public/speech/>

Center for Effective Parenting

Multiple handouts that address a variety of topics for preschool age children. Information is available in both English & Spanish.

<http://parenting-ed.org/parenting-information-handouts/early-childhood/>

Center on the Social and Emotional Foundations for Early Learning

Provides information in the form of articles, videos, training modules to promote the social and emotion development and school readiness of preschool aged children.

<http://csefel.vanderbilt.edu/>

Challenging Behavior

A series of articles designed to help young children develop social emotional skills and reduce challenging behavior.

<http://www.challengingbehavior.org>

Head Start

Provides a description of Head Start program services and contact information in Vermont.

<http://vermontheadstart.org>

Healthy Children from the American Academy of Pediatrics

This website provides parents and professionals with information about child development, health, safety and family in all stages of childhood. The website also provides information on media use, safety and controls.

<https://www.aap.org/en-us/Pages/Default.aspx>

National Center for Infants, Toddlers and Families

This website provides parents and professionals with information about behavior, development and nutrition in early childhood.

<http://www.zerotothree.org>

Parenting Counts

Includes a timeline of developmental expectations by age and area. Some skills are accompanied by videos.

<http://www.parentingcounts.org>

David's House**603-643-2298**

461 Mount Support Road

Lebanon, NH 03766

David's House is the Dartmouth Hitchcock version of a Ronald McDonald House in that it provides a home-away-from home for families of children being treated at the Children's Hospital at Dartmouth-Hitchcock Medical Center. If possible, reservations need to be made well in advance and a donation of \$20.00 per night is appreciated.

www.davids-house.org**Ronald McDonald House of Burlington****802-862-4943**

16 South Winooski Avenue

Burlington, VT 05401

The Ronald McDonald House is a "home away from home" for the families of children receiving treatment at Fletcher Allen Health Care in Burlington. The House services the same area served by Fletcher Allen, all of Vermont, much of northeastern New York and northern New Hampshire. While a \$10.00 donation is requested as a daily room rate, consideration is given to financial circumstances. Reservations can be made by calling the House.

www.rmhcvt.org**Shriners Hospital for Children****413-787-2000**

516 Carew Street

Springfield, MA 01104

Shriners Hospital for Children is a network of specialty hospitals, founded by the Shrine, where children under the age of 18 receive medical care free of charge. There are 22 Shriners Hospitals dedicated to treating orthopedic, burn and spinal cord injury care as well as cleft lip and palate. Services are provided regardless of the patient's ability to pay. Please visit the website to find hospitals listed by specialty. An application may be downloaded from the Shriners website.

www.shrinershq.org**Get AT Stuff****877-475-4800**

The Assistive Technology Exchange in VT and New England. Here you can look for, or list assistive technology devices for sale or for free. The goal is to help get devices that are no longer being used into the hands of the people who can use them and benefit from them.

www.getatstuff.com**Spina Bifida Association of Greater New England****888-479-1900**

219 E. Main Street, suite 100B

Milford, MA 01757

The SBA provides educational and social events for parents of young children, and youth and adults (17+); outreach efforts to medical offices, Spina Bifida clinics, participation in public awareness events to educate the community about many important subjects like folic acid. The SBA serves individuals and families living with Spina Bifida in Massachusetts, Maine, New Hampshire and Vermont. We serve individuals, prenatal through the life span, families and caregivers. In addition SBA delivers outreach to all women of child bearing years and their partners regarding the benefits of folic acid.

www.sbagreaterne.org

Parents Assistance Line

PAL is a free service available to anyone who wants information and support on becoming a more confident parent and is open to grandparents, caregivers and anyone who wants to nurture a happy family.

There's also a confidential phone line if you just need someone to talk to: 866-962-3030.

www.pal.ua.edu/

Books for children with disabilities about children with disabilities:**Children's Disabilities Information**

This website provides a list of children's books that are about children with special needs and disabilities.

www.childrensdisabilities.info

Explaining Special Needs to Your Child

15 great children's books that help explain special needs to children with and siblings of children with special needs.

www.friendshipcircle.org

Institute for Humane Education

Animal characters with special needs take center stage in these children's books about living with and overcoming disabilities.

<https://humaneeducation.org>